



**Injection Therapy for Heel Pain**

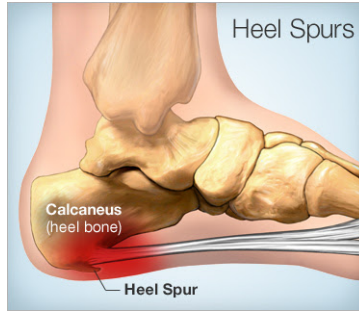
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Podiatry Weekly Tips: Injection Therapy for Heel Pain



**Injection Therapy for Heel Pain**

There are a magnitude of different modalities for the medical condition heel spur syndrome, plantar fasciitis

One effective treatment for the acute painful phase of this condition is injection therapy. This treatment consists of local anesthetic and steroid in the injection. We use a 30 gauge fine needle and most patients state the injections are not painful. A patient can expect to get between 30% to 60% relief with one injection. A series of three injections can be given if needed.

Click here to see video of heel injection on our website (this one can be specifically linked to our youtube video heel injection instead of video page on website) [Injection for heel spur plantar fasciitis](#)



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