



Athlete's Foot

1 message

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Podiatry Weekly Tips: Athlete's Foot



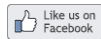
Athlete's Foot

A very common condition we see with more than 3 million US cases per year is Athlete's foot. Symptoms include a scaly rash that usually causes itching, stinging and burning. People with athlete's foot can have moist, raw skin between their toes. Athlete's foot commonly occurs in people whose feet have become very sweaty while confined within tight-fitting shoes. Athlete's foot is contagious; you can get it by touching the affected area of a person who has it. But most often, people get it by walking barefoot on contaminated surfaces near swimming pools or in locker rooms. It is the most common fungal skin infection. Treatment involves topical anti-fungal medications.

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