



The Ingrown Nail

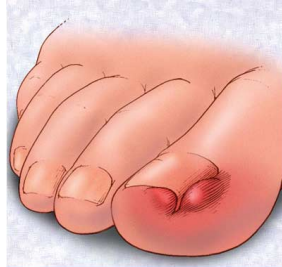
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Podiatry Weekly Tips: The Ingrown Nail



The Ingrown Nail

A common condition that we see on a daily basis is the ingrown nail. The ingrown nail involves the production of an abnormal corner nail plate. This growth presses upon the soft tissue and causes pain, inflammation and finally infection. The big toe is the most commonly affected, though the smaller toes can also become ingrown. Once diagnosed, the offending portion of the nail plate is removed after anesthesia is administered. If a recurrence happens, once the nail grows out, then a more permanent procedure may be appropriate. This procedure involves a chemical being applied to the root to prevent future regrowth on the offending side of the nail.

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