



Foot Amputation

1 message

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Foot Amputation



November is Diabetes Awareness Month

- Prevalence: In 2015, 30.3 million Americans (1 out of every 10 Americans), had Diabetes. Approximately 1.25 million American children and adults have Type 1 diabetes.
- Prevalence in Seniors: The percentage of Americans age 65 and older remains high, at 25.2%, or 12 million seniors (diagnosed and undiagnosed).
- Deaths: Diabetes remains the 7th leading cause of death in the United States in 2015, with a total of 252,806 death certificates listing Diabetes as an underlying or contributing cause of death.

Amputation

- People with diabetes are far more likely to have a foot or leg amputated than other people. The problem? Many people with Diabetes have Poor Circulation which means they have reduced blood flow to the feet. Also, many people with Diabetes have nerve disease, which reduces sensation or may have no feeling in their feet, referred to as Diabetic Neuropathy. Together these problems make it easy to get foot ulcers (open wounds) and infections that may lead to amputation. Most amputations are preventable with regular foot care and proper footwear.

The above information is provided by the American Diabetes Association.

- For these reasons, take good care of your feet and see your Podiatrist (Dr. Taub) right away about any foot problems.

Dr. Taub recommends if you are taking insulin for your diabetes to have your feet checked by your podiatrist every 6 months and every 8-12 months if you're taking oral medication for your diabetes.

Please see our educational videos regarding diabetes on our [home page](#) . Then click on

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