



October 2019

Podiatry News

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Practice News

Dr. Taub is happy to announce the addition of his associate Derek Pawich, DPM. Dr. Pawich has been trained in all aspects of podiatry including foot and ankle surgery. He has been a welcome addition to the office and has same day appointments available.

The office renovation is completed, the addition of a 5th treatment room and digital x-ray were just two of the many improvements to make patient care flow more easily and effectively.



HEEL PAIN...Which TREATMENT is Right for YOU??

One of the many treatments that may be used for acute heel spur syndrome, plantar fasciitis, is anti-inflammatories. There are benefits and disadvantages of non-steroidal anti-inflammatory medications and creams when used to treat heel spur syndrome, Plantar fasciitis. As the name states, anti-inflammatory, beneficially subsides inflammation and swelling, if any, of the plantar fascia. Additionally, for many patients, these medications reduce the acute pain experienced with this condition. Most favorably it is an inexpensive medication and is usually well-tolerated. The most common disadvantage of non-steroidal anti-inflammatory medications is the potential for stomach problems including ulcers. This medication is not recommended for patients with history of stomach ulcers or on a blood thinner such as Coumadin. Another option is the E-Pat machine which is available in office for treatment. If you are seeking treatment for this painful condition, call for an appointment today!! (772) 283-3800. Contact us via our website and also check out our videos on heel pain.

Wound Care

Dr. Taub is certified by The American Professional Wound Care Association and has been doing wound care for the past thirty years. Dr. Taub and Dr. Pawich can treat Leg/Foot Wounds, Skin Tears Leg/Foot, Diabetic Ulcers, and Compression Dressings for Edema.