

Podiatry News and Clues

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Want to Know the BEST Sunscreen?

NOT wearing sunscreen this summer? You SHOULD be! Check out the link below and make it a daily habit to protect your skin!

<http://www.consumersearch.com/sunscreen>

Pictures May Help Encourage Skin Cancer Self-Exams

Click, copy or type the link below for pictures of skin cancer:

<http://www.drtaubfootandwound.com/#!skin-cancer/cpbk>

Quote Of The Day

BE STRONG
WHEN YOU ARE WEAK,
BE BRAVE
WHEN YOU ARE SCARED,
AND HUMBLE
WHEN YOU ARE
VICTORIOUS

clingspiration.com

Skin Cancer, OH NO!

Skin cancer is the most common form of human cancer. It is estimated that over 1 million new cases occur annually. The annual rates of all forms of skin cancer are increasing each year, representing a growing public concern. It has also been estimated that nearly half of all Americans who live to age 65 will develop skin cancer at least once.

Get The Facts...

The term "skin cancer" refers to three different conditions. From the least to the most dangerous, they are: **basal cell carcinoma**, **squamous cell carcinoma** (the non-melanoma skin cancers), and **melanoma**. ----->>>>>



Non-melanoma skin cancer is generally curable. The cure rate for non-melanoma skin cancer could be 100% if these lesions were brought to a doctor's attention before they had a chance to spread.

Treatment of non-melanoma skin cancer depends on the type and location of the skin cancer, the risk of scarring, as well as the age and health of the patient. Methods used include curettage and desiccation, surgical excision, cryosurgery, radiation, and micrographic surgery. **Dr. Taub can diagnose and treat your skin cancers of the lower leg and foot.**

Skin Cancer Signs and Symptoms

The most common warning sign of skin cancer is a change in the appearance of the skin, such as a new growth or a sore that will not heal. Unexplained changes in the appearance of the skin lasting longer than two weeks should be evaluated by a doctor.



Basal Cell Carcinoma (BCC) is the most common type of skin cancer and has a predilection for sun-exposed skin. Tumors may appear as a pearly or waxy bumps usually with visible blood vessels (nodular BCC), or as a flat scaly reddish patch (superficial BCC) with a brown border, or as a hard or scar-like lesion (sclerosing BCC). Frequently BCCs can be itchy, often bleed, or in more advanced cases, ulcerate.

Is there something you want to see or share in our newsletter? Let us know! Maybe a success story or you just want to know more about something. Visit our website & click on the "contact" page or you can email us back or find us on

